Parasitology

Echinococcus Spp.

Genus Echinococcus include three different species in which man acts as intermediate host and infecting by the larval stage of these species. Adult worm inhabit the small intestine of dogs and other canidae family.

These species causes a disease known as Echinococcosis or hydatidosis or hydatid disease.

<table>
<thead>
<tr>
<th>Species of Echinococcus</th>
<th>Definitive host</th>
<th>Intermediate host</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>E. granulosus</em></td>
<td>Dogs and other canidae</td>
<td>Sheep, goats, swine and other herbivores</td>
</tr>
<tr>
<td><em>E. multilocularis</em></td>
<td>Foxes, dogs and wolves</td>
<td>Small rodents</td>
</tr>
<tr>
<td><em>E. vogeli</em></td>
<td>Bush dogs and dogs</td>
<td>Small rodents</td>
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</tbody>
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The most common species is *E. granulosus* which is present virtually worldwide mainly in rural, grazing areas where dogs are able to ingest organs from infected animals.

Adult Worm: The length of *E. granulosus* from 3-6mm and have scolex with 4 suckers and rostellum with two rows of hooks, neck and 3 proglottids.
Eggs: are Taenia spp. eggs.

**-Life Cycle:**

*Echinococcus spp.* Require two hosts for completion of the life cycle. The definitive hosts are carnivores harboring mature tapeworm, in the small intestine. Larvae develop in the liver and other viscera of intermediate hosts. Human beings become incidental intermediate hosts and do not complete the life cycle of the parasite. Eggs are shed with the feces of infected definitive host, when ingested by the suitable intermediate host, the oncospheres hatch in the small intestine, become activated, penetrate the epithelial layer and migrate via blood or lymphatic's vessels to the liver. In the liver most of oncospheres may destroy by the action of phagocytic cells and only oncospheres which can escape phagocytosis, can develop to hydatid cyst. The cyst then slowly enlarges, creating daughter cyst and protoscolices within the mother cyst.
The definitive host then becomes infected after ingesting the cyst-containing organs of the infected intermediate host. After ingestion, the protoscolices attach to the intestine. They then develop into adult worms and start all over again.

- **Methods of Transmission:**

Hydatidosis transmitted to intermediate host via ingestion of eggs with contaminated uncooked vegetables and fruits, drinking water, by handling soil and dirt or animal hair that containing eggs.
-Types of Hydatid Cyst:

1- Unilocular hydatid cyst.
2- Multilocular or alveolar hydatid cyst.
3- Osseous hydatid cyst.

1) Unilocular Hydatid Cyst:

   It is the larval stage of E. granulosus composed of single cavity; it is the most common type of hydatid cyst and composed of the following layers:

   1- External, milky laminated layer, about 1mm thickness and it is non-nucleated. It is act as a support layer to inner germinal layer.

   2- Inner germinal layer: is a thin, delicate layer, one cell thick and nucleated. From inner germinal layer the following structures arise:

       A- Brood Capsule: Develop from germinal layer and hold by short pedicle to the germinal layer. In the brood capsule multiple protoscolices develops. Hydatid cyst with protoscolices and brood capsule is known as fertile hydatid cyst. Sometimes hydatid cyst will not contain protoscolices, so it is known as sterile or acephalocyst. Fertile hydatid cyst is more dangerous because each protoscolex will develop to adult worm when ingested by definitive host and if fertile hydatid cyst rupture it will lead to dissemination of the disease.

       B- Hydatid Fluid: The cavity of unilocular hydatid cyst is filled with hydatid fluid, which is highly antigenic, bacteriologically sterile and colorless.

       C- Hydatid Sand: If the brood capsule detached from germinal layer, the brood capsule and protoscolices become free in hydatid fluid and they are called hydatid sand. It contains evaginated and invaginated protoscolices, the evaginated protoscolices are more dangerous.
D- Endogenous Daughter Cyst: sometime the cyst rupture and the parasite try to survive itself by formation of endogenous daughter cyst within the mother cyst. Daughter cyst is morphologically resemble mother cyst but it is smaller in size and free in hydatid fluid.

Endogenous daughter cyst may be derived from:

1- Regressive changes of brood capsule.
2- Fragment of germinal layer.
3- Vesiculation of protoscolices.

E- Exogenous daughter cyst: usually arise due to herniation of germinal and laminated layers as a result of increased intra-cystic pressure or trauma or unfavorable conditions, it is usually occurs in bone hydatid cyst.

3- Dense layer of fibrous tissue over the laminated layer. This layer formed as a result of defense mechanism of the host against foreign body.
2) Osseous Hydatid Cyst:
When the embryo reaches bony tissues it will develop to osseous hydatid cyst. The external laminated layer is not produced or poorly developed. The larva grows as a protoplasmic stream that erodes the cancellous tissues and lead to multiple bone fractures. It is occur in the ends of long bones and pelvic arch sterile never produces brood capsule and protoscolices with little or no fluid and no fibrous capsule.

3) Multilocular or Alveolar Hydatid Cyst:
It is the larval stage of *E. multilocularis*, it is composed of numerous small spaces or cavities, separated from each other by connective tissue. Each space filled with jelly-like matrix, mostly it is sterile but occasionally it may contain protoscolices. The germinal and laminated layers are poorly developed, it has no fibrous capsule.
It is occurs usually in the liver and rarely in lung. Because of its fast growth, it is usually fatal. Metastasis of alveolar cyst occurs via blood stream by plasmodia cells arise from germinal layer.

Fertile multilocular hydatid cyst  Sterile multilocular hydatid cyst
Rupture of Hydatid Cyst:

Rupture of hydatid cyst may occur naturally, or in process of obtaining a biopsy for microscopic examination, due to coughing, muscle strain or surgical procedures. Such patients may suffer from anaphylactic shock, eosinophilia and allergic reactions or even death. The escape cyst fluid with protoscolices has the capacity of spreading to other sites and forming a new cyst (secondary hydatidosis). Rupture of the cyst are most important than the mass effect of the cyst, except in the brain where the mass effect has severe consequences.

-Pathogenesis and pathology:

The effect of hydatid cyst on man depends on the type of hydatid cyst and its location. Unilocular hydatid cyst following primary infection may inhabit any anatomic site. The two most common organs involved are liver 65% and lungs 25%. Other less common sites affected by cysts include muscles, spleen, bones, kidneys and CNS.

The majority of patients has single-organ involvement and harbors a solitary cyst. Secondary infection follows cyst rupture and scolices can grow in the peritoneum, pleura, bronchial tree and bile ducts or be carried via blood stream be distant organs. In older cyst, the contents degenerate and then calcification occur in the fibrous capsule, mother cyst and daughter cyst. Calcification of endocyst indicates that the cyst is nonviable.

-Diagnosis: It depends on clinical manifestation, imaging techniques and laboratory diagnosis.

Clinical manifestations: Is difficult because the sign of the disease vary widely and is based upon the presence of slowly growing tumor.

Clinical manifestations depend on the size and site of hydatid cyst. At the beginning the disease is asymptomatic. As the cyst continue to grow and expand, necrosis of the infected tissues, accompanied by pressure on such
tissues, usually results. Death may also result due to direct rupture of hydatid cyst.

Hydatid thrill in abdominal hydatid cyst indicates the presence of fluid which is a diagnostic sign.

**Imaging Techniques:**

X-ray, U.S., C.T. and MRI.

X-ray useful in detect the calcified cyst. Various types of scanning procedures or US examination of the liver may detect an uncalcified cyst.

**Lab. Diagnosis:**

2. Finding of hydatid fragments in sputum and urine.
3. Finding of protoscolices in punctured cyst. It is not advised method, because it is probably may lead to rupture of hydatid cyst.
4. Serological tests: are useful not only for the primary diagnosis but also to the follow up of patients after surgical or pharmacological treatment or both.

   The choice of serological technique depends primary on its sensitivity and specificity, these tests include IHA, ELISA, DD (double diffusion).

Detection of circulating antigen in serum by ELISA has high specificity 90% but low sensitivity 43%.

   The parasite antigens present in hydatid fluid that have major immunodiagnostic value in detecting *Echinococcus granulosus* are arc 5 and antigen B.

   The results of serological tests differ due to the size and position of the cyst. The sensitivity is higher in liver cyst than in those with lung cyst. The intact cysts have less ability to induce antibody formation than the rupture cyst.
5 - Casoni intradermal test: used in wide spectrum but recently this method is not recommended because of its less specificity. It may show as high as 18% false positive results in uninfected persons. An immediate –ve reaction is a good evidence of freedom from the disease, but +ve reaction may persist for years after removal or death of the cyst.
**Hymenolepis nana (Dwarf tapeworm)**

It causes a disease known as dwarf tapeworm infection. The infection in humans is primarily limited to children in warm climates. *H. nana* is the smallest tapeworm of man; it is 25-40mm in length. The scolex is provided with 4 muscular suckers with rostellum and single row of hooklets. The proglottids are broader than they are long.

Eggs are almost spherical transparent, there are 2 thin membranous shells, the inner one of which has 2 polar thickenings, each provided with 4-8 polar filaments.
**Life cycle**: It is simple direct life cycle, when eggs are swallowed, they hatch in the duodenum and the liberated embryos penetrate into the stroma of villi, then they transform into cysticercoïds larvae. These then attach to the mucosa,
and in about 2 weeks they develop into complete worms. In heavy infections, internal autoinfection may have occurred as a result of hatching of eggs in the upper levels of small intestine following regurgitation into the stomach, *H. nana* also can utilize fleas and beetles for development of the cysticercoid stage.
-Pathogenesis and Symptomatology: *H. nana* infection may produce no detectable symptoms but in case of heavy infection it may cause diarrhea, abdominal pain, anorexia and nervous disorders.

- Diagnosis: is based demonstration of the characteristic eggs in the stool by general stool examination or by concentration method in case of light infection.

**Hymenolepis Diminuta (Rat Tapeworm)**

It causes a disease known as rat tapeworm infection in man. It is a parasite of rats and mice and other rodents. It has been reported from human hosts, usually children.

Adult worm measures 20-60cm, the scolex is provided with 4 small suckers and rudimentary rostellum.
Eggs: ovoid to sub-spherical in shape, there is a considerable space between the striated brown outer membrane and the hyaline inner membrane. Inner membrane is provided with a pair of polar thickenings but lacks the polar filaments.

- **Life Cycle:** when eggs voided in the feces of definitive host ingested by an arthropod, usually larval stage of fleas and beetles, cysticercoid larva will be develop in the arthropod, when the infected arthropod is ingested by definitive hosts, cysticercoid is digested out of its vector host and the scolex attaches to the small intestine mucosa and develops into adult worm.

- **Pathogenesis and Symptomatology:**
  
  *H. diminuta* infection usually produces no symptoms.

- **Diagnosis** is made on the recovery of typical eggs in the stool.

**Dipylidium Caninum (Dog Tapeworm)**

It causes a disease known as dog tapeworm infection or dipylidiasis. It is a parasite of dog and cats, humans infected accidentally.

Adult from 10-70cm, mature segment contain paired reproductive organs with 2 lateral genital pores.
The gravid segments are vasa-shaped, the scolex is rhomboidal in shape with 4 suckers and retractile rostellum provided with 6 rows of hooks.

The gravid segments containing polygonal-shaped masses of egg capsules filled with 1-20 eggs.
- **Life cycle:** when larvae of dog fleas or cat fleas ingested the egg capsule, hatching occurs and the liberated embryos transform to cysticercoid larvae. The definitive host becomes infected by ingesting the infected insect.

- **Pathogenesis and Symptomatology:**

  In children it may produce diarrhea and occasionally there may be severe sensitization reaction, e.g. urticaria, fever and eosinophilia.

- **Diagnosis:** by recovery of characteristic gravid segments evacuated in the stool or migrating from the anus and by observing the egg capsules in the stool.

**Diphyllobothrium latum (fish tapeworm or broad tapeworm)**

It causes a disease known as diphyllobothriasis or fish tapeworm infection.

Adult up to 10m or more, scolex almond shape provided with 2 suctorial grooves or bothria.
Eggs: broadly ovoid, light golden-yellow in color, have an operculum at one end and a small inconspicuous thickening of the shell at the opposite end.
Egg of *D. latum*

**Life Cycle:** Embryonation of eggs takes place in fresh water lead to the formation of ciliated oncosphere (coracidium).

Coracidium escapes through the operculum and swims in water. If this embryo eaten by suitable species of copepod or cyclops it will transforms to procercoid larva. If the infected copepod is then eaten by a fresh water fish, the larva is transforms into a plerocercoid larva (sparganum). When the infected fish is eaten row by definitive host, the worm develops to maturity and begins laying eggs in about 4 weeks.
Life cycle of *D. latum*

1. Adult in S.T. of man → Eggs in feces
2. 80 - 90 μ in diameter
3. 3 - 5 weeks in water
4. Conacidium hatches from egg
5. Ingested by copepod/Cyclopoid
6. Proceroid
7. Ingested by fresh-water fish
8. Scolex
9. Scolex attaches to intestinal mucosa
10. If man ingested not well cooked fish
11. Herocercoid (Sparganum)
-Pathogenesis and Symptomatology: It may produce on symptoms but infections often cause digestive disturbances, including diarrhea, hunger pains or loss of appetite, anorexia, nausea and vomiting. Sudden vomiting of a portion of the worm may occur, accompanied by symptoms suggesting peptic ulcer or appendicitis. In some cases, carriers develop pernicious anemia.

-Diagnosis: depends on finding the characteristic eggs or strands of praglottids in stool, or occasionally vomited praglottids.

Spargnosis

Spargnosis: is a human tissue infection with (sparganum) plerocercoid larva of *spirometra spp.*

Several spp. of *Spirometra* are intestinal parasites of canine and feline hosts. Cyclops is the first intermediate host; second intermediate hosts are fishes, frogs, snacks and birds.

Human infection can be acquired by swallowing a procercoid in a copepod or a plerocercoid in a second intermediate host or applying plerocercoid-infected flesh of frogs and snakes as poultices on an inflamed eye or finger.